

HARDING'S MARKETS

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY.

Harding's Markets, its subsidiaries, and owned Pharmacies (the "Pharmacy") are required by law to maintain the privacy of Protected Health Information ("PHI") and to provide individuals with notice of our legal duties and privacy practices with respect to PHI. PHI is information that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services. This Notice of Privacy Practices ("Notice") describes how we may use and disclose PHI to carry out treatment, payment or health care operations and for other specified purposes that are permitted or required by law. The Notice also describes your rights with respect to PHI about you.

The Pharmacy is required to follow the terms of this Notice. We will not use or disclose PHI about you without your written authorization, except as described in this Notice. We reserve the right to change our practices and this Notice and to make the new Notice effective for all PHI we maintain. Upon request, we will provide any revised Notice to you.

Your Health Information Rights

Any requests made pursuant to this section should be sent to:

Harding's Markets
211 E. Bannister St.
Plainwell, MI 49080
Attn: Privacy Officer

You have the following rights with respect to PHI about you:

Obtain a paper copy of the Notice upon request.

You may request a copy of the Notice at any time. Even if you have agreed to receive the Notice electronically, you are still entitled to a paper copy. To obtain a paper copy, contact your neighborhood Harding's Markets Pharmacy, or submit a written request to Harding's Markets at the address shown above.

Request a restriction on certain uses and disclosures of PHI.

You have the right to request additional restrictions on our use or disclosure of PHI about you by sending a written request to Harding's Markets at the address shown above.

We are generally not required to agree to those restrictions. However, if you pay (or someone on your behalf pays) the full cost of your medication without any contribution from your health plan, we will agree upon your request not to share your purchase with your health plan for payment or health care operations purposes. You must notify the

Pharmacy of your request at the time you drop off your prescription. We may share information with your health plan when appropriate for treatment purposes or when required by law.

Inspect and obtain a copy of PHI.

You have the right to access and copy PHI about you contained in a designated record set for as long as the Pharmacy maintains the PHI. The designated record set usually will include prescription and billing records. To inspect or copy PHI about you, you must send a written request to Harding's Markets at the address shown above.

We may charge you a fee for the costs of copying, mailing and supplies that are necessary to fulfill your request. We may deny your request to inspect and copy in certain limited circumstances. If you are denied access to PHI about you, you may request that the denial be reviewed.

Request an amendment of PHI.

If you feel that PHI we maintain about you is incomplete or incorrect, you may request that we amend it. You may request an amendment for as long as we maintain the PHI. To request an amendment, you must send a written request to Harding's Markets at the address shown above.

You must include a reason that supports your request. In certain cases, we may deny your request for amendment. If we deny your request for amendment, you have the right to file a statement of disagreement with the decision and we may give a rebuttal to your statement.

Receive an accounting of disclosures of PHI.

You have the right to receive an accounting of the disclosures we have made of PHI about you after April 14, 2003 for most purposes other than treatment, payment, or health care operations. The accounting will exclude certain disclosures, such as disclosures made directly to you, disclosures you authorize, disclosures to friends or family members involved in your care, and disclosures for notification purposes. The right to receive an accounting is subject to certain other exceptions, restrictions, and limitations. To request an accounting, you must submit a request in writing to Harding's Markets at the address shown above.

Your request must specify the time period, but may not be longer than six years. The first accounting you request within a 12 month period will be provided free of charge, but you may be charged for the cost of providing additional accountings. We will notify you of the cost involved and you may choose to withdraw or modify your request at that time.

Request communications of PHI by alternative means or at alternative locations.

For instance, you may request that we contact you about medical matters only in writing or at a different residence or post office box. To request confidential communication of

PHI about you, you must submit a request in writing to Harding's Markets at the address shown above.

Your request must state how or where you would like to be contacted. We will accommodate all reasonable requests.

Examples of How We May Use and Disclose PHI

The following are descriptions and examples of ways we use and disclose PHI:

We will use PHI for treatment. **Example:** Information obtained by the pharmacist will be used to dispense prescription medications to you. We will document in your record information related to the medications dispensed to you and services provided to you.

We will use PHI for payment. **Example:** We will contact your insurer or pharmacy benefit manager to determine whether it will pay for your prescription and the amount of your copayment. We will bill you or a third-party payor for the cost of prescription medications dispensed to you. The information on or accompanying the bill may include information that identifies you, as well as the prescriptions you are taking.

We will use PHI for health care operations. **Example:** The Pharmacy may use information in your health record to monitor the performance of the pharmacists providing treatment to you. This information will be used in an effort to continually improve the quality and effectiveness of the health care and service we provide.

We are likely to use or disclose PHI for the following purposes:

Business associates: There are some services provided by us through contracts with business associates. Examples include reconciliation of payments for insurance claims created as a result of filling your prescription. When these services are contracted for, we may disclose PHI about you to your business associate so that they can perform the job we have asked them to do and bill you or your third-party payor for services rendered. To protect PHI about you, we require the business associate to appropriately safeguard the PHI

Communication with individuals involved in your care or payment for your care: Health professionals such as pharmacists, using their professional judgment, may disclose to a family member, other relative, close personal friend or any person you identify, PHI relevant to that person's involvement in your care or payment related to your care.

Health-related communications: We may contact you to provide refill reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

Food and Drug Administration (FDA): We may disclose to the FDA, or persons under the jurisdiction of the FDA, PHI relative to adverse events with respect to drugs, foods,

supplements, products and product defects, or post marketing surveillance information to enable product recalls, repairs, or replacement.

Worker's compensation: We may disclose PHI about you as authorized by and as necessary to comply with laws relating to worker's compensation or similar programs established by law.

Public health: As required by law, we may disclose PHI about you to public health or legal authorities charged with preventing or controlling disease, injury, or disability.

Law enforcement: We may disclose PHI about you for law enforcement purposes as required by law or in response to a valid subpoena or other legal process.

As required by law: We must disclose PHI about you when required to do so by law.

Health oversight activities: We may disclose PHI about you to an oversight agency for activities authorized by law. These oversight activities include audits, investigations, and inspections, as necessary for our licensure and for the government to monitor the health care system, government programs, and compliance with civil rights laws.

Judicial and administrative proceedings: If you are involved in a lawsuit or a dispute, we may disclose PHI about you in response to a court or administrative order. We may also disclose PHI about you in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute, but only if efforts have been made to tell you about the request or to obtain an order protecting the requested PHI.

We are permitted to use or disclose PHI about you for the following purposes:

Research: We may disclose PHI about you to researchers when their research has been approved by an institutional review board that has reviewed the research proposal and established protocols to ensure the privacy of your information.

Coroners, medical examiners, and funeral directors: We may release PHI about you to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death. We may also disclose PHI to funeral directors consistent with applicable law to carry out their duties.

Organ or tissue procurement organizations: Consistent with applicable law, we may disclose PHI about you to organ procurement organizations or other entities engaged in the procurement, banking, or transplantation of organs for the purpose of tissue donation and transplant.

Sale and Marketing: In most situations, we may not use your PHI for marketing purposes and we will not sell your PHI without your express written authorization.

Breach Notification: You will receive a notification if there is a breach of your unsecured PHI.

Notification of Family Members: We may use or disclose PHI about you to notify or assist in notifying a family member, personal representative, or another person responsible for your care, your location, and your general condition.

Correctional institution: If you are or become an inmate of a correctional institution, we may disclose PHI to the institution or its agents when necessary for your health or the health and safety of others.

To avert a serious threat to health or safety: We may use and disclose PHI about you when necessary to prevent a serious threat to your health and safety or the health and safety of the public or another person.

Military and veterans: If you are a member of the armed forces, we may release PHI about you as required by military command authorities. We may also release PHI about foreign military personnel to the appropriate military authority.

National security and intelligence activities: We may release PHI about you to authorized federal officials for intelligence, counterintelligence, and other national security activities authorized by law.

Protective services for the President and others: We may disclose PHI about you to authorized federal official so they may provide protection to the President, other authorized persons or foreign heads of state or conduct special investigations

Victims of abuse, neglect, or domestic violence: We may disclose PHI about you to a government authority, such as a social service or protective services agency, if we reasonably believe you are a victim of abuse, neglect, or domestic violence. We will only disclose this type of information to the extent required by law, if you agree to the disclosure, or if the disclosure is allowed by law and we believe it is necessary to prevent serious harm to you or someone else or the law enforcement or public official that is to receive the report represents that it is necessary and will not be used against you.

Individual Identification for the purposes of maintaining privacy regarding the use and disclosure of PHI

The Pharmacy will only release PHI after verifying the identity of the person, and their authorization to receive PHI such as prescriptions and patient reports. When picking up a Prescription the Pharmacy will use the following process to verify the identity of the individual and their authority to pick up your prescription:

If the Patient is picking up their own prescription: The Pharmacy associate will verify the patient's identity by asking to see a Driver's License or other Government Issued Picture ID (unless the patient is known personally to the pharmacy associate), or asking the patient to verify 3 of the following items regarding the prescription:

- Name of patient
- Address of patient
- Phone Number of patient
- Date of Birth of patient
- Name of Medication of the prescription

If someone is picking up a prescription on behalf of a patient:

The Pharmacy associate will verify the person's identity by asking to see a Driver's License or other Government Issued Picture ID (unless the person is known personally to the pharmacy associate), and asking the person to verify 3 of the following items regarding the prescription:

- Name of patient
- Address of patient
- Phone Number of patient
- Date of Birth of patient

It is assumed that anyone asking for a prescription that passes the criteria above is authorized to pick up that Prescription.

If you would like place restrictions on who is authorized to pick up your prescriptions, please submit your request in writing to the pharmacy.

Requests for Patient records, made at the Store or to the Corporate Office, will only be released as follows:

-- Directly to the patient, after confirming patient's identity by asking to see a Driver's License or other Government Issued Picture ID (unless the patient is known personally to the pharmacy associate), or to the patient's representative, pursuant to a signed authorization form from patient.

Incidental Disclosures

The Pharmacy makes reasonable efforts to avoid incidental disclosures of protected health information. An example of an incidental disclosure is a conversation that may be overheard between the pharmacy staff and the patient at the drive-thru resulting from the use of the drive-thru speaker system. If you are concerned that others may overhear your consultations with the pharmacy staff, we recommend that you use the pharmacy inside the store.

Other Uses and Disclosures of PHI

The Pharmacy has no plans to use or disclose PHI about you for purposes other than those provided for above or as otherwise permitted or required by law. However, the Pharmacy will obtain your written authorization before using or disclosing PHI about you for purposes other than those provided for above or as otherwise permitted or required by law. You may revoke an authorization in writing at any time. Upon receipt of the written revocation, we will stop using or disclosing PHI about you, except to the extent that we have already taken action in reliance on the authorization.

For More Information or to Report a Problem

If you have questions or would like additional information about the Pharmacy's privacy practices, you may contact:

Harding's Markets
211 E. Bannister St.
Plainwell, MI 49080
Attn: Privacy Officer

If you believe your privacy rights have been violated, you can file a complaint with the Privacy Officer at the address shown above or with the Secretary of Health and Human Services. You will not be penalized for filing a complaint.

Effective Date This Notice is effective as of September 23, 2013.